



## **TRAIN-THE-TRAINER SEMINAR:**

### **PAID DINING ASSISTANT CURRICULUM APPROVED BY NJ DEPARTMENT OF HEALTH**

**WEBINAR: Friday, Nov. 2, 10 a.m. – 11:30 a.m.**

**OR**

**IN-PERSON: Friday, Nov. 9, 9:30 a.m. – 12 noon, CentraState Healthcare System, 901 West Main St., Freehold, NJ, Auditorium**

The New Jersey Department of Health recently approved a paid dining assistant curriculum for use by nursing homes. A clinical team made up of members from NJHA, HCANJ and LeadingAge NJ designed the curriculum for the implementation of the Centers for Medicare and Medicaid Services (CMS) Federal Tag F-811 and 42 CFR 432.160 related to the use of paid dining assistants in nursing homes. The federal regulations give each state the flexibility to allow nursing homes to use dining assistants to supplement the services of nursing staff if their use is consistent with state law, and if the dining assistants successfully complete a state-approved training program. We have decided to use the term dining assistant, rather than feeding assistant, because we believe it is a term that is more aligned with person-centered care and resident dignity.

**This program is intended to train the primary instructors of paid dining assistants in nursing homes. The primary instructor must be a registered nurse with previous long-term care experience and a current New Jersey license.** Ideally, the curriculum would be taught with other team members such as a registered dietitian, licensed physical, speech, and/or occupational therapist, and/or a licensed social worker.

The training curriculum addresses the following content areas in accordance with CMS regulations and guidelines:

- Feeding techniques
- Assistance with feeding and hydration
- Communication and interpersonal skills
- Appropriate responses to resident behavior
- Safety and emergency procedures, including the Heimlich Maneuver
- Infection control
- Resident rights

- Diets, including but not limited to type and amount of food intake; and meal observation and actual feeding assistance to resident
- Recognizing changes in residents that are not consistent with their normal behavior and the importance of reporting them to the supervisory/charge nurse

**FACULTY:**

Curriculum Development Team Members & New Jersey Department of Health

**TO REGISTER:**

Content will be the same for the webinar and the in-person sessions. **There is no fee but registration is required.**

**Webinar registration:** [Click here](#)

**In-person registration:** Fill out the information below and email to [rmercado@njha.com](mailto:rmercado@njha.com)  
Attendance is limited to the first 70 people for the in-person session.

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Name(s)

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Facility

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Title(s)

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Email Address:

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Phone Number:

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