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*Governor Phil Murphy ♦ Lt. Governor Sheila Oliver
Colonel Patrick J. Callahan, Director, State Office of Emergency Management*

COVID-19 Press Information

FOR IMMEDIATE RELEASE

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Updated Quarantine Advisory Issued for Individuals Traveling to New Jersey from 16 States

Sixteen States Include Alabama, Arkansas, Arizona, California, Florida, Georgia, Iowa, Idaho, Louisiana, Mississippi, North Carolina, Nevada, South Carolina, Tennessee, Texas, and Utah

TRENTON – Governor Murphy today advised individuals traveling to New Jersey from eight additional states with significant community spread of COVID-19 to quarantine for a 14-day period from the time of last contact within the identified state. The travel advisory applies to any person arriving from a state with a positive test rate higher than 10 per 100,000 residents or a state with a 10% or higher positivity rate over a 7-day rolling average.

As of Tuesday, June 30, there are currently 16 states total that meet the criteria stated above: Alabama; Arkansas; Arizona; California; Florida; Georgia; Iowa; Idaho; Louisiana; Mississippi; North Carolina; Nevada; South Carolina; Tennessee; Texas; and Utah.

“If an individual is traveling to New Jersey from one of these sixteen states, he or she should self-quarantine period of 14 days,” **said Governor Murphy**. “Our collective efforts to flatten the curve and beat the virus, in coordination with our neighbors in New York and Connecticut, have led to a steady decline in COVID-19 positive cases, hospitalizations, and rate of transmission. However, many states

across the country are experiencing a significant uptick in this data and we must remain vigilant to continue our progress against the virus. I urge those who are arriving from a hot spot to get a COVID-19 test while they are here to ensure their health and safety, and that of those around them.”

Travelers and those residents who are returning from impacted states should self-quarantine at their home, hotel, or other temporary lodging. Individuals should leave the place of self-quarantine only to seek medical care/treatment or to obtain food and other essential items.

Travelers and residents returning from impacted states typically will not need to check-in with public health officials, unless otherwise they are involved in contact tracing efforts or required to do so by their employer or any other federal, state or local law or order. It is expected that individuals will follow the public health advisory to self-quarantine.

The list of states will be updated on a rolling basis and is accessible [here](#).

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